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Instructions & Final Worksheet

Step 1: Fill out the worksheets individually!

Step 2: Read your answers & compare your lists! You chose each other so I'm guessing half of your ideas will be the same—and your partner will probably have some ideas that make you immediately think, “of course!”

Step 3: Make a list of the final 8-10 promises that are most important to you as a couple. I always think of this as relationship constitution!

List of Vows, Values, or Promises that are Most Important to Us:

Step 4: Look at some sample vows.

I send my couples a packet of example vows they can use to inspire them or to steal some beautiful phrases. And there are lots of great online resources for vows. Looking at a few samples can help you figure out what you want your vows to sound like. [Here are some sample wedding vows to inspire!](#)

Step 5: Write your vows together.

You can write every single word yourself from scratch ---or borrow phrases from the vows you researched. What matters most is that you end up with promises that are deeply meaningful to you.

Now that you have your wedding vows, make them part of your life. My husband & I read our vows to each other every year on our wedding anniversary!